



Child Release & Authorized Pick-Up Policy

Get Well Care 4 Kidz™ Studio – Pearland, TX

Authorized Pick-Up List

- Upon enrollment, parents/guardians must provide a written list of individuals authorized to pick up their child.
- Each authorized individual must include: Full legal name, relationship to the child, contact phone number, and a copy of a valid government-issued photo ID.
- Only those individuals listed will be permitted to remove a child from the center.

Daily Pick-Up Procedures

- Staff will request and verify a valid photo ID from anyone picking up a child until staff can confidently recognize them.
- All pick-ups must be documented in our daily sign-out log or electronic system, noting the name of the person and time of departure.
- If the individual is not on the authorized list, the child will not be released until direct confirmation is received from the parent/guardian, followed by written documentation.

Emergency Pick-Up Authorization

- In the event of an emergency, parents may authorize an unlisted individual to pick up their child by submitting written notice (email or text message from the parent's verified contact on file).

- The individual must present a valid photo ID upon arrival. Staff will attach a copy of the authorization to the child's record.

Custody and Court Orders

- Parents/guardians are required to provide a copy of any legal documents regarding custody arrangements or restrictions.
- Children will not be released to any individual legally restricted from contact, regardless of biological relationship.

Staff Responsibility

- Staff will never release a child to anyone who appears under the influence, poses a safety risk, or is not authorized.
- If a questionable situation arises, the Director (or designee) will immediately contact the parent/guardian. Law enforcement may be contacted if necessary to protect the child.

By signing the enrollment agreement, parents/guardians acknowledge and agree to follow this policy.

Parent/Guardian Signature: _____

Date: _____

Director Signature: _____

Date: _____



Infection Control Policy

Get Well Care 4 Kidz™ Studio– Pearland

Purpose

The purpose of this policy is to establish clear infection control practices to prevent and reduce the spread of communicable diseases among children, staff, and families in our care. This policy follows the standards of the Texas Department of State Health Services (TDSHS), the Centers for Disease Control and Prevention (CDC), and the Occupational Safety and Health Administration (OSHA).

Scope

This policy applies to all children enrolled, staff, volunteers, and visitors of Get Well Care 4 Kidz™ Studio.

1. Hand Hygiene

Staff and children (as developmentally appropriate) must wash hands with soap and warm water for at least 20 seconds: Upon entering the facility; Before and after eating, giving medications, or handling food; After toileting, diapering, or assisting a child with toileting; After wiping noses, coughing, or sneezing; Before and after entering each child's room. Alcohol-based hand sanitizer ($\geq 60\%$ alcohol) may be used if hands are not visibly soiled.

2. Personal Protective Equipment (PPE)

Staff will wear PPE (gloves, masks, gowns, and face shields) when caring for sick children, cleaning, or handling body fluids. PPE must be changed between children and never shared. Proper donning and doffing procedures must be followed to avoid contamination.

3. PPE Disposal

Routine PPE (used for fever, flu, strep, RSV, etc.) may be disposed of in a lined regular trash receptacle. PPE saturated with blood or large amounts of body fluids must be placed in a red biohazard bag and disposed of by a licensed medical waste disposal service. Trash must be emptied at least daily or when $\frac{3}{4}$ full. Staff must perform hand hygiene immediately after PPE removal and disposal.

4. Room Separation & Cohorting

Each child will remain in a separate room during care to prevent cross-contamination. Toys, blankets, and supplies are not shared between rooms. If equipment must be used in multiple rooms (e.g., nebulizer machine), it will be disinfected with an EPA-approved hospital-grade disinfectant between uses.

5. Cleaning & Disinfection

High-touch surfaces (doorknobs, tables, chairs, crib rails) will be disinfected every 2–3 hours. Toys and equipment will be disinfected after each child's use. End-of-day procedures include full-room sanitization and laundering of linens at high temperatures.

6. Respiratory Etiquette

Staff and children (as able) are encouraged to cover coughs and sneezes with tissues or elbows. Used tissues will be discarded immediately into lined trash receptacles, followed by hand hygiene.

7. Illness Monitoring & Exclusion

Children showing symptoms of a contagious illness (fever $>100.4^{\circ}\text{F}$, vomiting, diarrhea, persistent cough, rash, conjunctivitis, etc.) will be isolated in their designated room until pickup. Parents will be contacted immediately for early pickup if status worsens beyond criteria of Get Well Care 4 Kidz™. Children may return to daycare/school once they meet the exclusion/re-admittance criteria (e.g., fever-free for 24 hours without

medication, 24 hours of antibiotics for strep/pink eye, clearance from provider if needed).

8. Staff Workflow

Staff assigned to multiple children will follow a clean-to-dirty workflow: Begin with the child with the least contagious illness and end with the most contagious. PPE and hand hygiene procedures must be followed between each room.

9. Ventilation

Rooms will have adequate ventilation through windows or HEPA air filtration units. Central HVAC systems must have HEPA or MERV-13 filters when possible to minimize airborne transmission.

10. Training & Compliance

Staff will receive infection control training upon hire and annually. Staff must sign acknowledgment of this policy. Parents will receive a copy of this policy in the enrollment packet.

Compliance

This policy complies with: Texas Department of State Health Services (TDSHS); Centers for Disease Control and Prevention (CDC); OSHA Bloodborne Pathogen Standard (29 CFR 1910.1030); Texas Minimum Standards for Child-Care Centers.



Acknowledgment of Infection Control Policy

Get Well Care 4 Kidz™ Studio– Pearland

1. I acknowledge that I have received, read, and understand the Infection Control Policy of Get Well Care 4 Kidz™ Studio – Pearland.
2. I agree to comply with the procedures outlined in this policy to ensure the health and safety of all children, staff, and families.
3. I understand that failure to comply may result in corrective action or dismissal in accordance with facility guidelines.

Parent Name (Print):

Signature:

Date:



Nutrition Policy Handout

Get Well Care 4 Kidz™ Studio– Pearland

Effective Date: _____

Applies To: All enrolled children

Purpose

The purpose of this Nutrition Policy is to ensure that each child's nutritional needs are met while in care at Get Well Care 4 Kidz™, and to maintain compliance with the Texas Department of Family and Protective Services (DFPS) Minimum Standards for Child-Care Centers.

Policy Statement

Get Well Care 4 Kidz™ requires parents and guardians to provide lunches and snacks that are appropriate for their child's age, developmental level, nutritional needs, and any documented dietary restrictions or allergies. The center supports healthy eating habits and monitors nutrition to promote children's well-being during their stay.

1. Parent Communication

- At enrollment, parents/guardians will receive written nutrition guidelines outlining appropriate foods, portion sizes, and safety considerations.
- Families are encouraged to provide well-balanced meals that include fruits, vegetables, whole grains, and protein sources.

- Foods that pose choking risks or contain known allergens should be avoided, as appropriate for the child's age and health history.

2. Food Inspection

- Upon arrival, staff will review lunches and snacks to ensure they are safe, age-appropriate, and consistent with the child's documented dietary needs.
- If food items do not meet safety or nutritional guidelines, parents/guardians will be notified promptly and asked to provide suitable alternatives.

3. Allergies and Dietary Restrictions

- Get Well Care 4 Kidz™ maintains up-to-date documentation of all food allergies, sensitivities, and dietary restrictions.
- Staff actively monitor foods brought from home to reduce the risk of allergen exposure and cross-contamination.

4. Encouragement of Healthy Eating

- Staff will encourage children to try a variety of healthy foods and will model positive eating behaviors during meals.
- Children are encouraged—but never forced—to eat.

5. Supplemental Nutrition

- If a child's meal or snack is insufficient to meet nutritional needs, and with parental consent, the center may provide supplemental snacks or beverages that meet licensing standards.

6. Hydration

- Fresh drinking water is readily available and accessible to children throughout the day.

7. Parent Education

- Get Well Care 4 Kidz™ may periodically provide educational resources or guidance to families related to child nutrition and healthy meal preparation.



Nutrition Policy Letter

Dear Parents and Guardians,

At **Get Well Care 4 Kidz™**, we strive to support the healthy growth and development of every child in our care. To best meet your child's individual nutritional needs, **parents/guardians are responsible for providing all meals and snacks** during their child's time at our studio.

Please note the following guidelines:

- **Meals and Snacks Provided by Parents:**
 - You are responsible for packing nutritious lunches and snacks that meet your child's dietary needs and preferences.
 - We encourage balanced meals that include fruits, vegetables, whole grains, and protein.
 - Please avoid foods that pose choking hazards (e.g., whole grapes, nuts, popcorn) and check for any allergy-related restrictions.
- **Food Inspection:**
 - Staff will review meals and snacks upon arrival to ensure they are age-appropriate and safe.
 - If a child's food does not meet safety or nutritional guidelines, staff will notify you promptly and may request a replacement.
- **Allergy and Special Diets:**
 - Please inform us of any allergies or dietary restrictions your child has.
 - We will work with you to ensure your child's food is safe and to prevent cross-contamination.

- **Supplemental Food:**
 - On occasion, if a child’s meal or snack is insufficient, and with your consent, we may provide approved supplemental snacks.

- **Hydration:**
 - Fresh drinking water is available to all children throughout the day.

Thank you for partnering with us to ensure your child enjoys healthy and safe meals during their day at Get Well Care 4 Kidz™.

If you have any questions or need suggestions for nutritious meals and snacks, please feel free to ask our staff.

Parent/Guardian Acknowledgment

I acknowledge that I have received, read, and understand the Nutrition Policy of Get Well Care 4 Kidz™ and agree to comply with its requirements.

Child’s Name: _____

Parent/Guardian Name: _____

Signature: _____

Date: _____



Notification & Consent Form for Video Supervision

At **Get Well Care 4 Kidz™ Studio-Pearland**, your child's safety and privacy are our top priorities. To ensure continuous supervision and compliance with Texas Child Care Licensing requirements, our facility uses an Alibi 8MP camera surveillance system with two-way audio. This system provides real-time monitoring in all exam rooms and common areas through big-screen displays in the kitchen, front office computer, and secured mobile devices (iPads/phones) carried by staff.

Cameras are installed in each child's room, including where diapering or illness-related care may occur. This precaution allows staff to minimize unnecessary movement of children who are sick and may be contagious. Only authorized staff have access to live video and audio feeds. Recordings are not stored unless required for safety or compliance investigations.

The system is used solely for supervision, safety, and licensing compliance. We respect your child's dignity at all times. Diapering, medical, and illness care are supervised via camera only for safety and infection-control purposes. No footage is shared externally.

Parent/Guardian Acknowledgment & Consent

I have read and understand the Camera Surveillance and Supervision Policy at Get Well Care 4 Kidz™. I acknowledge that cameras are installed in all child rooms, including during diapering or illness-related care, for the sole purpose of safety, infection control, and compliance standards. By signing below, I give consent for my child to be supervised through the use of the facility's camera surveillance system as outlined above.

Child's Name: _____

Parent/Guardian Name: _____

Signature: _____

Date: _____



Illness Care Agreement

Children must meet admission criteria (non-critical illnesses only).

Children with symptoms outside our scope may be referred for medical evaluation.

If a child's condition worsens, a parent/guardian will be contacted for immediate pick-up.

Get Well Care 4 Kidz™ Studio – Pearland provides comfort, monitoring, and care but is not a replacement for hospital/urgent care services.

Parent/Guardian Signature: _____

Date: _____

Emergency Medical Treatment Authorization

I hereby authorize NINAL Care | Get Well Care 4 Kidz™ Studio – Pearland staff to administer basic first aid, CPR, and, if necessary, call 911 and authorize emergency transport for my child.

Every effort will be made to contact me immediately, but if I cannot be reached, I authorize medical treatment at the nearest hospital.

Child's Name: _____

Parent/Guardian Name: _____

Signature: _____

Date: _____



HIPAA & Confidentiality Statement

We comply with HIPAA standards to protect your child's personal and medical information. Records will be kept confidential and shared only with authorized individuals.

Parent/Guardian Signature: _____

Date: _____

Liability Waiver & Indemnification

I release NINAL Care I Get Well Care 4 Kidz™ Studio – Pearland, its staff, and affiliates from liability for injury, illness progression, or other incidents that occur, except in cases of proven negligence.

Parent/Guardian Signature: _____

Date: _____

Photo/Video Consent

- I give permission for my child's photo/video to be used for internal or marketing purposes.
- I do not give permission.

Parent/Guardian Signature: _____

Date: _____



Parent Handbook Acknowledgment

I have received and reviewed the Parent Handbook and agree to abide by the policies of Get Well Care 4 Kidz™ Studio – Pearland.

Parent/Guardian Signature: _____

Date: _____